

3 4 1 0 '98 JUL 20 P 1 :46



June 30, 1998

Office of Special Nutritionals (HFS-450)
Center for Food Safety & Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, D.C. 20204

Dear Sir or Madam:

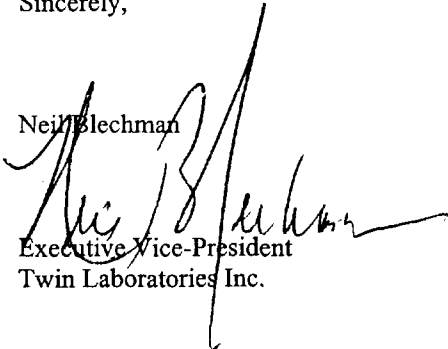
This letter will serve as a 30-day notification, pursuant to 403(r)(6) of the Federal Food, Drug & Cosmetic Act and regulations promulgated thereunder.

Product manufacturer:	Changes International, 1008 Airport Road, Suite E, Destin, FL 32541
Nutritional support claim being made:	Nutritionally supports healthy bone, prostate & cardiovascular function
Dietary supplement ingredient:	Defatted soy germ concentrate (40 mg isoflavones as daidzin and daidzein, genistin and genistein, glycitin and glycetein)
Product brand and name:	Changes Soy Defense™

As required, enclosed are two photocopies of this notification.

Sincerely,

Neil Blechman


Executive Vice-President
Twin Laboratories Inc.

97S - 0162

60067
LET 1884